

# HEBREWS



Heb 4:1



# OUTLINE

- I. Superiority of Christ** **1:1-10:18**
  - A. Over OT Prophets** **1:1-4**
  - B. Over OT Personalities** **1:5-7:28**
    - 1. Superior over Angels** **1:5-2:18**
    - 2. Superior over Moses** **3-4**
      - a. Superiority in faithfulness** **3:1-6**
      - b. 2<sup>nd</sup> Warning** **3:7-4:11**
        - 1) Historical Illustration** **3:7-11**
        - 2) Contemporary Warning** **3:12-4:11**

# OUTLINE

- b. 2<sup>nd</sup> Warning** **3:7-4:11**
  - 1) Historical Illustration** **3:7-11**
  - 2) Contemporary Warning** **3:12-4:11**
    - a) Avoid Example** **3:12-19**
    - b) Enter Rest** **4:1-11**

# HEB 3:7-4:11

Hist. Illust.  
3:7-11



**Avoid Example**  
**3:12-19**

**Enter Rest**  
**4:1-11**

# OUTLINE

- b. 2<sup>nd</sup> Warning** **3:7-4:11**
  - 1) Historical Illustration** **3:7-11**
  - 2) Contemporary Warning** **3:12-4:11**
    - a) Avoid Example** **3:12-19**
    - b) Enter Rest** **4:1-11**
      - (1) Warning on Rest** **4:1-2**

**4:1 Therefore, let us fear if, while a promise remains of entering His rest, any one of you may seem to have come short of it.**

# **CONCEPT of REST**

## **1. Possibility to Lose**

# מְנוּחָה (menuchah)

- 1. Physical rest from labor, difficulty, or travel**
- 2. God's Rest - in Temple**
- 3. Conquest of Canaan - rest from surrounding enemies**
- 4. Believer's Kingdom Rest - completion of work & struggles**



# καταπαυσις (katapausis)

- 1. Stop something -  
ceasing from efforts**
- 2. God's Rest - from Creation**
- 3. Conquest of Canaan -  
rest from surrounding enemies**
- 4. Believer's Present Rest -  
rest from struggling with flesh**

# VIEWS - HEBREWS

## Views

## Readers

## Rest =

1. Arminian - believers      Salvation
2. Reformed - mixed      Salvation
3. Free Grace - believers      Rewards


# καταπαυσις (katapausis)

- 1. Stop something -  
ceasing from efforts**
- 2. God's Rest - from Creation**
- 3. Conquest of Canaan -  
rest from surrounding enemies**
- 4. Believer's Present Rest -  
rest from struggling with flesh**

# **NT Believer's Rest**

- 1. Initial Rest - salvation  
apart from works**
- 2. Present Rest - walk in power  
of HS not flesh**
- 3. Ultimate Rest - Kingdom  
rewards for present rest  
completion of calling**

**4:1** Therefore, let us fear if, while a promise remains of entering His rest, any one of you may seem to have come short of it. **2** For indeed we have had **good news preached** to us, just as they also; but the word they heard did not profit them, because it was not united by faith in those who heard.



**The greater Rest  
is available for us TODAY!!!  
We can REST in what God  
Has done, is doing, & will do!!!**

**From Kursi**