

# HEBREWS



Golden  
Gate

**Heb 12:1-2**

# OUTLINE

<b>I. The Superiority of Christ</b>	<b>1:1-10:18</b>
<b>II. The Response of Faith</b>	<b>10:19-13:25</b>
<b>B. The Life of Faith</b>	<b>11-12</b>
<b>1. Triumph of Faith of Heroes</b>	<b>11</b>
<b>2. Training for Faith</b>	<b>12</b>
<b>a. Running the Race of Life</b>	<b>12:1-13</b>
<b>1) Running with Endurance</b>	<b>12:1-3</b>
<b>a) Encouragement to Run</b>	<b>12:1</b>

# **METAPHORS**

- 1. Salt - Mt 5:13**
- 2. Lights - Mt 5:14-16**
- 3. Babes - 1Pet 2:1-2**
- 4. Stones - 1Pet 2:5-6**
- 5. Slaves - Rom 1:1, Phil 1:1**
- 6. Soldier - 2Tim 2:3-4, 4:7, 1Tim 1:18**
- 7. Athlete - 2Tim 2:5**
- 8. Race - 1Cor 9:24-25, Gal 5:7**

# **MEANING**

- 1. Salt - Preserving our Culture**
- 2. Lights - Bringing Truth to World**
- 3. Babes - Personal spiritual Growth**
- 4. Stones - Offering Spiritual Sacrifices**
- 5. Slaves - Serving the Master**
- 6. Soldier - War with Life's Enemies**
- 7. Athlete - Living within God's rules**
- 8. Race - Running to Win Spiritually**

**Race of Life =  
By faith fulfilling all  
that our Lord has  
designed for us  
(Eph 2:10)**

Let's begin  
our training!!



**12:1** Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us, **2** fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

**12:1** Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us, **2** fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

**12:1** Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, **and let us run with endurance the race** that is set before us, **2** fixing our eyes on Jesus, the author and perfecter of faith, who for the joy set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

**12:1 Therefore, since we have so great a cloud of witnesses surrounding us, let us also lay aside every encumbrance and the sin which so easily entangles us, and let us run with endurance the race that is set before us, ...**

# **WITNESSES**

- 1. Who are they? - heroes of Heb 11**
- 2. Views**
  - a. Spectators of race**
  - b. Witnesses of God's faithfulness**  
**11:2, 4-5, 39**
- 3. Testify to God's faithfulness**

# SPIRITUAL MARATHON

**1. Role Models**

**12:1**

A photograph of a sunset over the Sea of Galilee. The sun is a bright, glowing orb on the horizon, casting a shimmering path of light across the dark water. The sky is filled with soft, golden clouds, and the overall atmosphere is serene and contemplative. The text is overlaid in the center in a bold, yellow font.

**Are you watching, sitting it out,  
walking, jogging, or running  
the RACE???**

**Sea of Galilee from Kursi**